

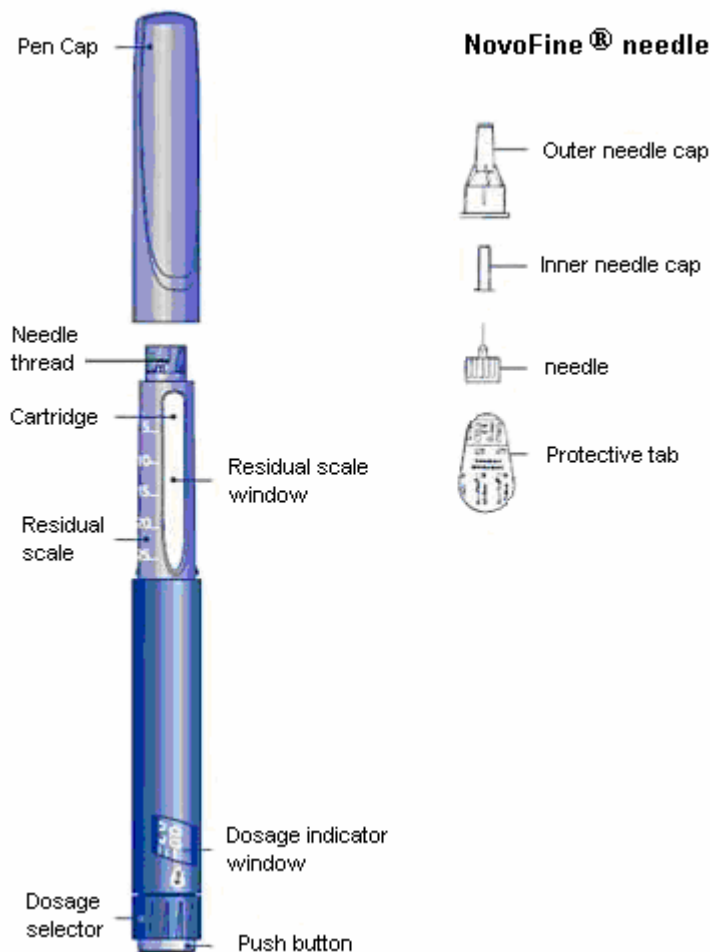
INSTRUCTIONS FOR USE

Norditropin NordiFlex[®] Somatotropin (rDNA origin) injection 30 mg/3 mL Prefilled Pen

Using the disposable Norditropin NordiFlex[®] 30 mg/3 mL Prefilled Pen

Norditropin NordiFlex 30 mg/3 mL is a multi-dose, disposable, prefilled pen with liquid growth hormone able to deliver doses from 0.1 to 6.0 mg. The dose can be adjusted in increments of 0.1 mg. Your doctor will determine the correct dose for you. Norditropin NordiFlex prefilled pen is designed to be used with NovoFine[®] disposable needles (sold separately). Norditropin NordiFlex prefilled pen is not recommended for people who are blind or have trouble seeing unless they have the help of a sighted individual trained to use Norditropin NordiFlex.

Please read these instructions carefully before using this pen

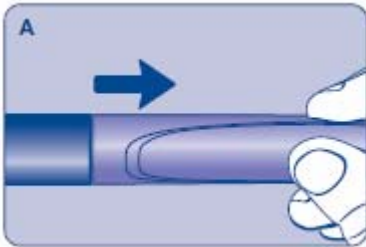


1 Preparing Norditropin NordiFlex 30 mg/3 mL for Injection

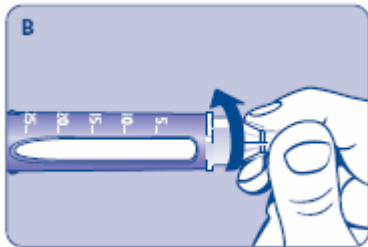
A. Pull off the pen cap and check if the growth hormone solution is clear and colorless by turning the Norditropin NordiFlex upside down once or twice and view the solution through the residual scale window. **DO NOT use Norditropin NordiFlex if the growth hormone solution is cloudy or contains particles. Use it only if it is clear and colorless.**

Wash hands well and dry completely.

Wipe the front rubber stopper on the needle thread with an alcohol swab.



B. Place a new NovoFine disposable needle onto Norditropin NordiFlex immediately before use. Remove the protective tab from the disposable needle and screw the needle tightly onto Norditropin NordiFlex. Pull off the outer and inner needle caps. Never place a disposable needle on your Norditropin NordiFlex until you are ready to give an injection. Remove the needle immediately after use. If the needle is not removed, some liquid may be expelled from Norditropin NordiFlex.



2 Performing an Air Shot

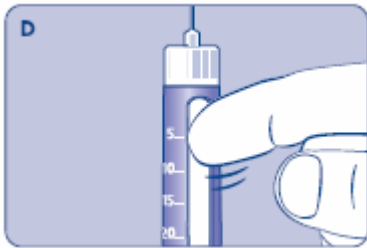
Do an air shot before starting a new Norditropin NordiFlex as follows:

Small amounts of air may collect in the needle and cartridge. To ensure proper dosing and to avoid injecting air, you must perform an air shot before administering your first injection.

C. Dial the dosage selector to 0.1 mg. Each line between labeled dosages is 0.1 mg.

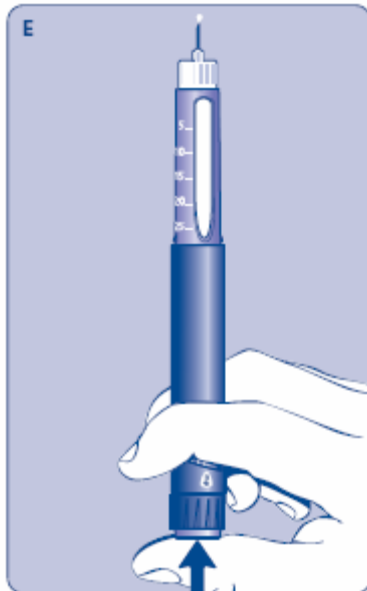


D. Hold Norditropin NordiFlex with the needle pointing up, tap the cartridge gently with your finger a few times to make any air bubbles rise to the top of the cartridge.



E. Still holding Norditropin NordiFlex with the needle up, press the push button all the way in. A drop of liquid should appear at the needle tip. If not, repeat the above steps, no more than 4 times.

If a drop of liquid still does not appear, call 1-888-88: /8444 for help.



3 Setting the Dose

F. Check that the dose selector is set at **0.0**. Dial the number of mg (milligram) that you need to inject. If you dial more than your dose, the dose can be changed up or down by turning the dose selector in either direction. When dialing back, be careful not to press the push button as liquid will come out.

Use dosage indicator, NOT the clicking sound, as a guide for selecting the dose.

The numbers on the residual scale can be used to estimate the mg left in the cartridge. **DO NOT use these numbers to measure the dose.**

You cannot set a dose higher than the number of mg left in the cartridge. Use a new Norditropin NordiFlex pen to inject the remaining amount of your dose. Be sure to remember the dose already received with the first dose. For example, if your dose is 0.6 mg and you can only set the dose selector to 0.3 mg. You will need to inject an additional 0.3 mg with a new Norditropin NordiFlex pen.



4 Giving the Injection

Use the injection technique recommended by your healthcare professional.

G. This product is for subcutaneous use only. Insert the needle under the skin and press the push button as far as it goes to deliver the dose. To ensure that the full dose is injected keep the needle in the skin for at least 6 seconds after injection with your thumb on the push button. Keep the push button fully pushed in until after the needle has been removed from the skin.

After the injection, check the dosage indicator window to make sure it shows zero (0.0).

If zero does not appear, you did not receive the full dose. Call 1-888-88: /8444 for assistance.

Note:

Always **press** the push button to inject the dose. **Turning** the dosage selector will **not** inject the dose.



5 Removing the NovoFine Disposable Needle

H. After the injection, remove the needle **without recapping** and dispose of it in a puncture-resistant container. Used needles should be placed in sharps containers (such as red biohazard containers), hard plastic containers (such as detergent bottles), or metal containers (such as an empty coffee can). Such containers should be sealed and disposed of properly.

It is important that you use a new needle for each injection. Healthcare professionals, relatives and other caregivers should follow general precautionary measures for removal and disposal of needles to reduce the risk of unintended needle stick injuries.

When the cartridge is empty, dispose of Norditropin NordiFlex without the needle attached.

6 Maintenance

Handle Norditropin NordiFlex with care. Protect Norditropin NordiFlex from dust, dirt, and direct sunlight.

You can clean the outside of Norditropin NordiFlex by wiping it with a soft cloth moistened with water. Do not soak Norditropin NordiFlex in alcohol, wash, or lubricate it.

7 Important Things to Know

- Norditropin NordiFlex 30 mg/3 mL cannot be used with the NordiFlex PenMate[®] auto-insertion accessory.
- Store unused Norditropin NordiFlex pens in a refrigerator (2°C - 8°C/36°F - 46°F). After the initial injection, keep Norditropin NordiFlex 30 mg/3 mL refrigerated and use within 4 weeks.
- Remember to perform an air shot before starting a new Norditropin NordiFlex or before the injection if you dropped or knocked the pen against a hard surface. See diagrams **C**, **D** and **E**.
- If you need to perform more than 4 air shots before the first use of Norditropin NordiFlex to get a droplet of liquid at the needle tip, **DO NOT** use Norditropin NordiFlex. *Call 1-888-668-6444 for help.*
- Take care not to drop Norditropin NordiFlex or knock it against a hard surface.
- **DO NOT** leave Norditropin NordiFlex in a car or other location where it can get too hot or too cold.
- Always have a spare Norditropin NordiFlex disposable pen in order to avoid running out of this product.
- Norditropin NordiFlex is designed to be used with NovoFine disposable needles.
- **NEVER** place a needle on Norditropin NordiFlex until you are ready to use it. Remove the needle right after use without recapping.
- **Dispose of used needles properly, so people will not be harmed.**
- Dispose of used Norditropin NordiFlex without the needle attached.
- To avoid spread of disease, do not let anyone else use your Norditropin NordiFlex, even if you attach a new needle.
- Keep the Norditropin NordiFlex out of the reach of children.
- **Novo Nordisk is not responsible for harm due to using the Norditropin NordiFlex with products that are not recommended by Novo Nordisk.**

8 Customer Satisfaction

Customer service and satisfaction are our top concerns. If you have any questions about Norditropin NordiFlex prefilled pens please call Novo Nordisk Inc. at 1-888-668-6444.