

# Simple and convenient

Omnitrope®  
(somatropin [rDNA origin] for injection)

## How to use the Omnitrope® Pen 10

For full instructions, please refer to the *Instructions for Use* booklet supplied with each pen. Please see full prescribing information.

### Basic components

- The pen, which has three parts: the pen cap, cartridge holder, and pen body.
- The needle assembly, which has four parts: the paper tab, the outer and inner shields, and the needle.
- Cartridge 1.5 mL.



### Loading and changing a cartridge is easy



#### Remove the cap and cartridge holder

Gently pull off the cap. Then hold the pen body and unscrew the cartridge holder in the direction shown. Remove it from the pen body.



#### Load the cartridge

Place the cartridge metal cap first into the cartridge holder.



#### Reattach the cartridge holder

Turn the cartridge holder clockwise, screwing it back onto the pen body.



#### Align

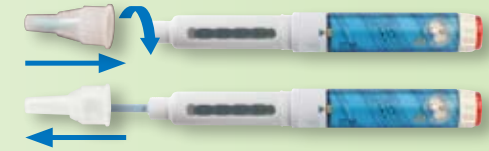
Point the blue arrow on the cartridge holder to the square on the pen body as shown. Otherwise the injection will not occur. Do not overwind.

**Important:** Since the Omnitrope Pen 10 you're using now contains growth hormone, it must be stored in the refrigerator—just like the growth hormone cartridges—at +2°C to +8°C (+36°F to +46°F).

## Simple steps for priming, dosing, and injecting

### Attach the pen needle

- Remove the paper tab.
- With the outer shield on, push the pen needle unit onto the pen, then screw the needle unit onto the cartridge holder. Don't overtighten.
- Pull the outer shield off (but save it for use later).



### Prime the pen (Note: These steps are for new cartridges only.)

Follow these steps to ensure that medication is flowing before your first injection:

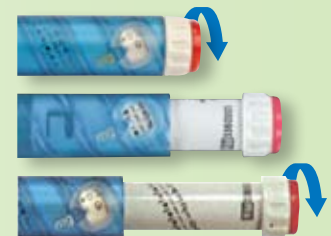
- Hold the pen pointing up. Gently tap the pen to let air bubbles rise. Turn the knob to set the dose to 0.1 mg (1 click).
- Remove the inner shield. With the pen pointing up, close the knob back to the 0 position. Hold for at least 5 seconds.
- At least 2 drops of medication must flow out of the needle. If not, repeat these priming steps.



### Dial the correct dose

- Hold the pen on the pen body and turn the white dose knob until the required daily dose is set. The quantity you will inject is shown in the center of the dose window in mg units.

**Attention:** If you turn the dose knob too far (too high of a dose), do not try to turn it backwards. Instead, turn it forward until the end, then press the red button. This returns the setting to zero. You can now dial the correct dose.



### Inject Omnitrope

**Important:** Prior to each injection, make sure the blue arrow on the cartridge holder is still aligned with the square on the pen body.

- Insert the needle as instructed by your healthcare professional.
- Use even, steady pressure to push the injection button as far as it will go.
- Press firmly for at least 5 seconds before you remove the needle from the skin.

**Attention:** No liquid should be dripping from the needle. If liquid does drip, at the next injection, please remember to leave the needle in a little longer.

### Remove the used needle

- Carefully put the outer shield back over the used needle.
- Unscrew the needle from the pen.
- Push the pen cap back onto the pen.
- Store the pen with cartridge in the refrigerator at +2°C to +8°C (+36°F to +46°F).
- Discard the used needle appropriately.



**For each daily injection,** repeat the steps to attach the pen needle, dial the correct dose, inject, and remove the used needle until the cartridge is empty.

**To change an empty cartridge,** follow the steps described in the *Loading and changing a cartridge is easy* section.