

## Anatomy of the Pen



The Nutropin AQ Pen is available in the US by prescription only. Healthcare professionals should provide patient training prior to use.

For detailed instructions, refer to the *Interactive Guide to the Nutropin AQ Pen* available on CD-ROM, and at [www.Nutropin.com](http://www.Nutropin.com). For questions, call 1-866-NUTROPIN (1-866-688-7674).

## NutropinAQ Pen<sup>®</sup> 10

for use with **NutropinAQ Pen<sup>®</sup> 10 mg Cartridge**  
[somatropin (rDNA origin) injection]

Please see accompanying Nutropin AQ full prescribing information on the CD-ROM or at [www.Nutropin.com](http://www.Nutropin.com).

**Genentech**

This quick reference guide provides step-by-step instructions on how to prepare and administer a Nutropin AQ injection with the Nutropin AQ Pen.

## Preparation Checklist



**1** After you have washed your hands with soap and water, unscrew the cartridge holder. Press the white reset button. Turn the black dose knob counterclockwise back to its starting position until it no longer turns.



**2** Then turn the black dose knob in the other direction until the first click position is reached.



**3** Insert the Nutropin AQ Pen cartridge into the cartridge holder, then screw the cartridge holder back onto the pen. Attach the needle assembly.



**4** While holding the pen upright, push in the black dose knob until it clicks and a drop of medicine appears. If no medicine appears, push the white reset button, turn the dose knob forward one click, and push in the black dose knob. Repeat this until a drop of medicine appears.



**5** Press the white reset button. Set the required dose by turning the black dose knob.



**6** Slide the shield (if you are using one) onto the pen. If you're using the active shield, push the 2 black lock knobs toward the tip.

### For Subsequent Injections:

- After washing your hands, attach a new needle, push the white reset button and set the required dose by turning the black dose knob. If you cannot dial the full dose, either start a new cartridge or administer the partial dose that's left in your cartridge and then start a new cartridge to administer the remaining portion of your medication.

## Injection Checklist



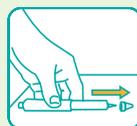
**1** Prepare the injection site by wiping it with an alcohol swab.



**2** Set the tip of the pen on the prepared injection site and press the needle into the skin by pushing the pen downward until the shield is totally depressed.



**3** Press down on the black dose knob, wait 5 seconds after the button is pushed, then withdraw the pen from the skin.



**4** Pull the needle shield off the pen (if applicable) and place the larger needle cap on a flat surface. Slide the needle in to pick it up and push the cap completely down over the needle. Twist off the needle and discard it properly.



**5** Attach the pen cap and return it to its case with the black dose knob pressed in.

### To guard against the spread of infection, follow these safety measures:

- Always wash your hands with soap and water before using your pen.
- Clean the cartridge rubber seal with an alcohol swab—avoid touching it at all times.
- Use a new needle for every injection—the needle is sterile only on the first use.
- Do not use the same needle for more than one person.
- Safely dispose of the plastic needle guard and all used needles in a proper disposal container—always store the unit and needles out of the reach of small children.

**DO NOT INJECT THE DRUG UNTIL YOUR HEALTHCARE PROFESSIONAL HAS TRAINED YOU IN THE PROPER TECHNIQUES.**

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